

LGH Advice


Goals Report


Congratulations! You're already 21% more likely to reach your goals than those who don't record or share their goals!¹


An essential part of setting and tracking goals is to ensure they are **Specific, Measurable, Assignable, Realistic** and **Time related**.

"If you want to live a happy life, tie it to a goal, not to people or things." -Albert Einstein

Put a copy of this somewhere you will see or can reference regularly. Reminders of your most important goals help you make better decisions every day, bringing you closer to your objectives.

Disneyland		
	Specific:	Take the family to Disneyland
	Measurable:	\$25,000
	Assignable:	Adam and Barbara
	Realistic:	Yes
	Time related:	18 months

Private education		
	Specific:	Boarded private education at Hogwarts for kids
	Measurable:	\$15,000 pa each
	Assignable:	Adam and Barbara (\$), kids (Grades)
	Realistic:	Yes
	Time related:	School age

Emergency fund		
	Specific:	Save an emergency fund in a separate bank account
	Measurable:	Three months expenses (\$24,000)
	Assignable:	Adam and Barbara, LGH Advice for setup
	Realistic:	Yes
	Time related:	Six months

"Review your goals twice every day in order to be focused on achieving them." -Les Brown

¹ Dominican University in California, "Study Demonstrates That Writing Goals Enhances Goal Achievement". Dominican University, <https://www.dominican.edu/dominicannews/study-highlights-strategies-for-achieving-goals>

Read more at: https://www.brainyquote.com/quotes/les_brown_384502.” -Antoine de Saint-Exupéry